

**INSTITUTE OF RESEARCH AND DEVELOPMENT
FOR THE RURAL POOR -TRUST**

**No.48, 18th Cross st, Kakilanchavadi,
Tambaram Sanatorium,
Chennai-600047, TN India**



For her daily living she needs to walk miles for search of food.....

IRDRP Trust

No.48, 18th Cross st,
Kakilanchavadi
Tambaram sanitorium
Chennai-600 047
TN.India

Mobile: 09444201262

website : www.irdrpngo.com

Link us : [irdrpngo](#) | [Twitter](#), [Instagram](#), [Facebook](#) | [Linktree](#)

See us : irdrptrust.wordpress.com

Follow us : twitter.com/irdrp

Like us : [facebook/irdrptrust](https://facebook.com/irdrptrust)

Collection in : irdrptrust.blogspot.in

Watch us : youtube.com/user/irdrpindia



MESSAGE FROM MANAGING TRUSTEE

Its new beginning of many our life after pandemic COVID-19. We learnt a new life living with virus. Though it was tough time to us. We continued our services to the people. We helped tribes to get groceries , motivated to get vaccine, reactivated the agriculture activities and supported many women for good health and well-being in these restricted periods.

We thank the donors who trusted us and continued their financial support to our projects. I thank our staff team who did marvellous work during this pandemic period. They co-operated very well in our mission to support the needy people without any hesitation. It showed their commitment and dedication to their community.

We all worked 24/7 during this pandemic to support for the people physically and online modes. We thank the cognizant team for developing a need demand IRDRP App where the needs could be easily identified and supported by volunteers through App. We quickly responded to the needs of the communities.

We are working for illiterate to literate....

We are marching towards unskilled to skilled youths and women....

We are providing shelter to homeless communities.....

We are preventing Open defecation and putting women in dignity through WASH programs...

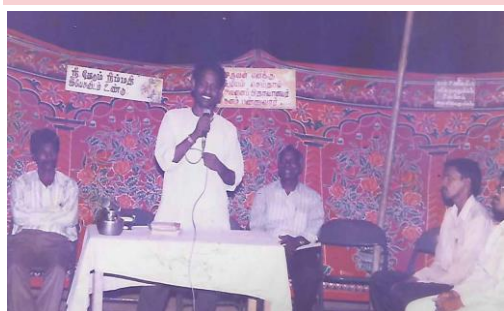
We are promoting unprofitable farmers to profitable farmers...

Thanks and Regards

Dr.Irudayasamy
Managing Trustee

OUR BEGINNING:

We started our **activities in the year 1989** under Indian Trust Act with the idea of doing participatory Research to find people's problems and find feasible solutions by themselves. As an entry point to the community, we started a small clinic in a very remote village Tirukazukundram block where the medical facilities were totally denied. It was established in a right place to meet the people in needs, this gave an good impact to our programmes. People really appreciated our medical services and requested to open in many places. Within three years we extended our activities to 60 villages in Tirukazukundram Block by having 6 health centres and one Hospital. Through this we cater more than 50,000 people in a year



In the year 1992, we started a English Medium school, day care center for Elderly people attached with Income Generation program in Brick Kiln programs. We started leather graft centre for tribal women folks. Later we adopted Pudukhathiram Block, Namakkal district for orphan children infected and affected by HIV/AIDS. We did income generation programs to care takers of the 168 orphan children and provide vocation training to youths with the support of **Elton John AIDS Foundation UK**. By the support of **Church World Service, USA**, we did Church leaders training on stigma and discrimination on HIV/AIDS in Tamilnadu state covering 28 districts. We did Religious leaders stigma and discrimination programs.



Our Vision Statement IRDRP have a **Vision that a “ world without Poverty”** Everyone can find their economy to support their education, skilling, livelihood, and decent shelter by themselves”

Mission Statement IRDRP have a Mission **“to support the health and well-being of everyone who lives here in the planet”** through Education. Health promotion, creating livelihood, and constructing decent shelters”

We pursue this Mission through Our integrated and holistic development

- A community involved Transformation by awareness, understanding, and Act
- Promote education of every child in basic education, health and well-being.
- Partnership with other NGOs who are alliance with same vision.
- Act on Disaster response, preparedness, management and mitigation.
- Provide a decent shelter, water and sanitation to deserving communities
- Inclusive development of marginalised communities –People with disabilities, children with AIDs, Widows with diseased, Tribes and social disadvantaged.

PRESENT ACTIVITIES

April 2021- March 2022

Based on our Mission and Vision align with Global Sustainable Development Goals (SDGs). We focused our activities as follows.

UNDER SDG 1 & 2 : NO POVERTY AND HUNGER: IRDRP is working to reduce poverty and hunger through Sustainable Agriculture. We encouraged farmers to do natural farming by not using Chemical fertilizers and Chemical Pesticides. We gave small cash awards to farmers to produce black Gouwni rice which has good protein and controls diabetic disease. It also has other health benefits. One Kilogram rice cost 200-280 Indian Rupees equal to 8\$ but ordinary rice cost Rs.30-50 Indian Rupees equal to less than half a dollar. Cost wise also farmer's get profit and health benefit wise people can get profit. Hence we promoted this agriculture practice to our farmers. We also encouraged landless farmers to do kitchen garden cultivating vegetables and greens as small business as self supports systems. We did training program for farmers on kitchen Gardening, vermin compost and preparing natural pesticides.



We are also helping tribal women to produce Reusable cloth menstrual pads, single use low cost menstrual pads, and Maternity pads as income generation projects. We sale those for minimum cost without any profit and promote safe Menstrual periods of girls and women. We also created menstrual Hygiene management among tribal communities and school children.



We organised Menstrual Day observation in Vellore on 26th June 2021. Due to Corona we couldn't organise in a big way. We invited Joint Director of Public Health Dr.Saravanan. He spoke on importance of menstrual Health to avoid many uterus related diseases. In Indian 50% of the women has one or another way vaginal complaints due to unhealthy practice of Menstrual Hygiene. Women and girl need to give more importance to their periods management. Mr.Govidan expressed thanks to the director and women participants. 35 women participated in the program.

MENSTRUAL HYGIENE MANAGEMENT MODULE

We published a training module on **Menstrual Hygiene Management** to help the NGOs to give right information to communities and communities also will use as reference to view when they have any doubts. The module contains what is puberty? How it occurs –physical process, Changes happening after puberty in the body, cultural importance of Puberty, Menstrual Management and hygiene and finally diseases related to mismanagement of menstrual hygiene – white discharge, Polycystic ovary Syndrome (PCOS), Ovarian cyst, cyst, Endometriosis, Menorrhagia, Hyper and Poly Menorrhagia and Menopause symptoms and management.



UNDER SDG 3: GOOD HEALTH & WELL-BEING: Under this SDG we work on creating good health to communities specially tribal communities and dalit communities on community health. During COVID 19 lockdown situation we supported with local Government by providing volunteers to care of positive COVID 19 families for groceries and health care.



We covered 4000 people to get vaccinated against COVID 19 and 15000 tribal and Dalit communities, People with disabilities and Migrant workers received relief materials groceries rice, cooking oil, Dhal, sugar, toothpaste, sanitizer, mask and soaps during lock down. Major supporters Habitat for Humanity India, Cognizant.



Every year we organised special campaign on **HAND WASH** to general public and well as school children. Steps of Hand wash with liquids or soaps and its importance to them.

Under **UN Goal of 90:90:90** achievement on AIDS, we organised a World Record Event by co-ordinating 70 NGOs in 70 Towns "**Youth for Change**" 5,000,000 youths participated in the Human Chain and created **HIV/AIDS** awareness education saying everyone should know their HIV/AIDS status and adhere for treatment at earliest as possible. Please visit the link: <https://youtu.be/BoQVdxZxjys>



We donated ECG machine to Tambaram Tuberculosis Hospital for taking ECG of patients in the Hospital. Daily 80 patients are detected early diagnosis and treatment with this support. Habitat for Humanity Supported Ventilators to the hospital for monitoring the COVID 19 patients



UNDER SDG 4 QUALITY EDUCATION: IRDRP focuses on Children Education on stone Quarry mines and Rural agriculture workers. We found in some situation children were employed as Labours in trucks and other works. Hence we started Child labour intervention program in 4 stone quarry units covering 160 child labours and 120 school going children supporting their education, health and skill development. We have Convenient Education Centre where the children come and learn read and write and continuing their studies informally. We do also Supportive education to school going children of stone quarry parents to equip their reading and learning skills. Apart from education we do life skill, child rights, computer education, spoken English, Tailoring, Nursing and beautician courses for them to get decent jobs. We do placement also for them.



We organised various activities for them like Career Counselling program for X-XII students to choose their careers. We Organised Various talents express opportunities during Independence Day, children's Day and Republic day, We also invited all children to express their talents as children convention program. 120 children participated in the event. We also organised parliamentary session to make good leaders and governance in the villages, Today's children are today's leaders.



We also support Orphan Children with AIDS and Children with disabilities for their school education and health supports. Monthly education sponsorships are provided to 25 Orphan children from 2012 onwards by OSI, France, & CAF Belgium. Still we are continuing it. Many students are doing their degree and few



were completed their studies and now working in companies with good salaries. It is a good impact of our programs. We are continuing them with job site counselling and cope with other employees to lead enabling environment.

IRDRP constructed a Technical school ground floor having 6 rooms with the support of VANAKKAM, Belgium, and Children Are the Future, Belgium. Every year they visit our organisation and monitor it. We are giving skill training to 900 children in computer, Spoken English, sewing tailoring course, beauty culture courses for child labours getting skill training and placed in decent jobs. We introduced Nursing course for them. Age group 14-18, 21years we are presently covering under this program.

Under SDG5 Gender Equality: We work on Gender Equality in educating Girl children in the villages, Organise special awareness programs on Menstrual Health and other health issues in Schools. Provide Menstrual pads both disposable and reusable cloth pads. Constructing Girls toilet block with incineration facilities.



We also support widows with HIV/AIDS family groceries support every month with the support of FIS, Chennai. We organise International Women's Day every year.



SDG6: CLEAN WATER AND SANITATION: Under this SDG we work on supply of safe water through Reverse Osmosis(RO) processed water. We installed units in 8 schools and 3 Rural communities to collect safe RO water. We also talk on Rain Water harvest and save water, minimal use of water in awareness meetings.



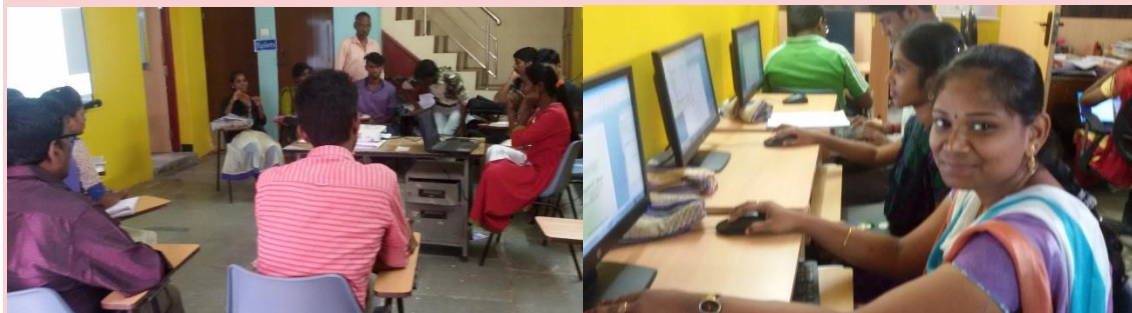
We constructed 500 house hold Toilets and repaired non-functional toilets functional in villages in Chennai, Kanchipuram, Villupuram and Chenglepettu Districts of Tamilnadu.



We also work on Menstrual Health Management in all districts of Tamilnadu among Tribal communities, school children through NGOs and CBOs. We manufacture low cost disposable pads, Reusable cloth menstrual pads and distribute to the people for managing their safe menstrual periods. We work through NGOs in Tamilnadu to promote Menstrual Health Management through awareness raising and giving choice to women to select menstrual pad depending on their needs. We provide single use pad for Rs.2/- and Reusable cloth pad for Rs.15/- and herbal pad for Rs.80/- Yearly 1million girls and women need to be covered.



SDG8: DECENT WORK AND ECONOMIC GROWTH: We are running skill training for unemployed youths, providing add on skills to college and school children and place them in decent jobs. Yearly we train 900 youth and students in English coaching, computer basic training, Mobile repair services training, Tailoring course and Nursing course. We have two centre one in Head Office Chrompet, Another one in Somangalam catering to rural youths. 90% of them are placed in decent jobs in related companies and start their own shops with bank loans, IRDRP loans.



SDG 10 REDUCED INEQUALITIES: We work People with Disabilities to reduce inequalities and inclusion in the society Since 2006, we are farming Self Help groups for People With Disabilities and support for their income through small interest free loans. 25 People with disabilities had their own shops with our supports. We formed Federation for the Self Help Groups of Disabled people.

In 2011 WHO initiated through MOBILITY India, CBM, CBR Forum to co-ordinate all disabled people organisation, NGOs, who working in the field of disability. They formed CBR India Network. Their strategy was to organize a network which will advocate, lobby for the rights of People with Disabilities. I was elected for Tamilnadu as Zonal representatives, Later they formed all Zonal Representatives and formed Executive Board. I was elected as TREASURER for the CBR India Network (Registered network). This network was official network of Global CBR Network. We hosted National Congress in 2011 and World Congress in 2013. Around 1300 delegates from 98 countries participated in the congress. I was the Organizing Treasurer for the congress.



We did CBR ROLLOUT program in Tamilnadu- CBR Matrix promoted by WHO in the state of TN various training and Master trainer were trained with the support of CBM, and now we act as state resource centre for the disabled people and provide various resources and conduct free legal training. We also filed several cases to the court for seeking justice to them.



SDG 11: SUSTAINABLE CITIES AND COMMUNITIES: After Chennai 2015 flood we started restoration and reparation of people life through constructing their damaged houses and repaired their old leaking houses with the support of Corporates through Habitat for Humanity India. We built 85 New houses, renovated 300 Government Constructed houses. We are working for decent shelter and water sanitation for Tribal communities in Chengelpettu and Kanchipuram Districts.



SDG 17: PARTNERSHIPS FOR THE GOALS: We are Networking with Other organisation and we promoted Health through NGOs and CBOs for Health Issues. We promoted “Consortium of Health Association International”(C-HAI). Through this network we work in southern states in India and Cambodia with NGOs to promote Health specially WASH promotion



AWARDS AND RECOGNIZATION:

Chenglepet District Collector Sri.John Louis, IAS, appreciated our services during COVID 19 situation and collaborated from relief services to Vaccination and being with all Government departments supported for control COIVD 19. He honored our services.



Chenglepattu District Disabled Rehabilitation Officer honored our services during COVID 19 situation to the People with disabilities. We covered 500 people with groceries. Chozan Book of world Records awarded Cholan Social welfare service award by the Tambaram Tahsildar Mr.Saravanan. We thank everyone for their contribution because of you we moved forward in doing good services to the people.

Date: 28/06/2022

Place: Chennai-600047, India

Managing Trustee